



EMERALD  
collection



DREAM SPA

Awaken Your Inner & Outer Beauty



## Massage Wellness

### Touch of Hideaway

**60 MIN / 90 MIN      90 / 120 USD**

This exclusive massage using combination of technique to improve blood circulation, release tension, and lure it into a state of deep relaxation

### Traditional Thai Massage

**60 MIN / 90 MIN      100 / 140 USD**

No oil use in this classic ritual Thai style massage pressure is medium to strong concentrates on the body pressure points and includes stretching.

### Hot Stone Massage

**90 MIN                      140 USD**

This massage with warmed stones are treated with essential oils and combined with massage, this therapy creates a deep sense of relaxation.

### Deep Tissue Massage

**60 MIN / 90 MIN      90 / 120 USD**

Strong massage technique is focus on the deeper layers of the tissue, its release the tension through long slow strokes.

### Lomi Lomi Massage

**60 MIN / 90 MIN      90 / 120 USD**

This massage combines the use of thumbs, knuckles, palms, arms and elbows movement enjoy this experience of massage full of hawaiiin exoticism.

### Head Massage with warm oil

**30 MIN                      50 USD**

A deep style traditional massage focused on the head on the head, shoulders and neck by using relaxing warm oils.

### Back, Neck, and Shoulder Power

**30 MIN                      50 USD**

Encouraging deep relaxation with our traditional massage, focusing on built up stress and muscle tension

### Tender Feet Relax

**30 MIN                      50 USD**

Relaxing and stimulating techniques are used by applying pressure to the feet, resulting in increased circulation



## Skin Care

### Hydrating Facial

60 MIN

90 USD

This high in anti-oxidant treatments fights wrinkles and fine lines by adding our specialized serum which is applied to skin using manual lymphatic drainage movements to drain water retention and improve toning and firming, renewing the skin to add an instant visible result.

### Balancing Facial

60 MIN

90 USD

An effective treatment developed to restore, purify and revitalize the skin with highly active skin booster to balance and improve microcirculation of the skin. This highly active help you to visibly improve the skin condition and glowing skin.

### Stimulating Facial

60 MIN

90 USD

This treatment will renew even the most the lifeless skin. Invigorate devitalized and dehydrated leaving feeling softer and nourished to the inner most layer. Will visibly improve skin texture, color and circulation.

## HEALING EARTH BODY SCRUB

Renew your body and skin by sloughing away dead skin cells from the epidermis leaving you with a healthy glowing skin. Our blissful body polishes have been specifically designed to cater for all special concerns, leaving your skin feeling smooth, soft and re-texturised.

Soft, silky, & smooth to the touch... that is how your skin will feel after using one of our intriguing body polishes.

**Choose from the following to suit your mood & to fulfill your skin concerns:**

|   |        |        |
|---|--------|--------|
| Kalahari Melon Body Polish – Hydrate                        | 45 min | 75 USD |
| Mongongo Nut Body Polish – Detox                            | 45 min | 75 USD |
| Coffee, Cinnamon & Orange Body Polish – Cellulite Treatment | 45 min | 75 USD |
| African Ginger Body Polish – Firming & Slimming             | 45 min | 75 USD |

## HEALING EARTH BODY WRAPS

Neutralize, combat stress and fatigue by encapsulating your body of our **Healing EARTH** Wraps. This high in anti-oxidant treatment will help boost circulation, the immune system and to detoxify the body from impurities. Improves skin texture/firmness, nourishes and moisturizes the skin. Inclusive of this treatment with Scalp Massage.

**Choose from the following to suit your mood & to fulfill your skin concerns:**

|  |        |        |
|--|--------|--------|
| Kalahari Melon Body Balm – Nourishing and Repairing    | 45 min | 75 USD |
| Mongongo Nut Body Gel – Detox                          | 45 min | 75 USD |
| Coffee, Cinnamon & Orange Body Gel – Cellulite Therapy | 45 min | 75 USD |
| African Ginger Body Gel – Firming and Healing          | 45 min | 75 USD |



### Spa Packages

**Secret of Hideaway** **2 HR 15 MIN**    **175 USD**  
 Hot Stone Massage  
 Facial Treatment

**Bliss Package** **2 HR**            **160 USD**  
 Hot Stone Massage  
 Indian Head Massage or Foot Massage

**Indulgence of Dream** **2 HR**            **160 USD**  
 Body Scrub  
 Deep Tissue Massage  
 Ear Candling

**Her and Him Oriental Touch** **2 HR**            **150 USD**  
 Body Scrub  
 Deep Tissue Massage  
 Head Massage with warm oil

**Ultimate Beauty** **2 HR**            **150 USD**  
 Body Scrub  
 Body Wrap  
 Facial Treatment

**Zanzibar Paradise** **2 HR**            **150 USD**  
 Body Scrub  
 Body Wrap  
 Touch Of Hideaway Massage

### Additional Beauty

**Manicure OR Pedicure** **50 USD**  
**Bikini Line or Underarm waxing** **40 USD**  
**Half Legs or Back/Chest** **40 USD**  
**Full Legs waxing** **50 USD**



### **Ear Candling**

Experience the gentle art of ear candling, the ultimate therapy to help with decongestion. This ancient traditional treatment includes a shoulder, neck and scalp massage to assist the process.

Duration 30 min. \$60

### **Detoxing Leg Treatment**

The perfect treatment for heavy legs and tired feet. Exfoliation and massage relieves muscle tension, boosts circulation and revitalizes skin texture. This treatment gives your legs lightness and comfort.

Duration: 50 min. \$90

### **Deep Hydrating Body Treatment**

This treatment is recommended for dry and dehydrated skin. Highly moisturizing effects gives smooth and perfect skin texture, rejuvenate skin cells and stimulate collagen production.

Duration: 60 min. \$110

### **Firming Body Treatment**

A firming body treatment for lack of skin elasticity and smoothness of the skin. After gentle polish, revitalize the skin with African Ginger range to stimulate blood circulation and tonify the body. Natural African Ginger, known for firming effects, are massage into the skin. Leaving your body beautifully soft and supple and your skin exceedingly taut and firm.

Duration: 75 min. \$125

### **Cellulite Body Treatment**

Anti – Cellulite treatment eliminates toxins. Work especially in the concerned areas combined with Coffee, Cinnamon and Orange Corrective Cream keeping the body fit and in perfect shape.

Duration: 75 min. \$125

## **DREAM SPA & FITNESS CENTRE**

### **Open every day from 9:00 to 19:00**

Lead your body and mind on a journey of inner and outer peace at the Dream Spa & Fitness Centre, achieving true synergy of the mind, body and soul. We offer an extensive and unusual range of spa services tailored to your personal needs, such as body wellness and beauty treatments. Selected oil and fine products will make you stay at Dream of Zanzibar even more delightful. Also available is a spectacular central relaxation area with Jacuzzi and pool, a fitness centre

## **FITNESS CENTRE**

### **Open every day from 8:00 to 20:00**

Our Dream Spa and Fitness center embodies the active beach lifestyle of our destination with engaging activities and services whilst enjoying the breath-taking view of the Indian Ocean. The newly refreshed Spa and Fitness centre at Dream of Zanzibar

## **STEAM ROOM**

Unwind amid clouds of steam in the modern Hammam of Ancient Rome. The gentle heat penetrating humidity relax your body, easing your muscles and soothing away the cares of the day. At the same time the steam cleanses every pore, leaving your skin baby-soft and smooth. There's no better way to feel rejuvenated and refreshed.

## **RELAXATION AREA**

Round off your memorable and relaxing experience with personal service and quiet indulgence in our outdoor Relaxation Area.

## **ADDITIONAL FACILITIES**

- 3 Couple Massage Rooms
- 1 Single Massage Room
- 1 Thai Massage Room
- 1 Beauty Room
- Relaxation Area

## **SPA ETIQUETTE**

To maintain a relaxing environment so guests can enjoy the peaceful sanctuary of Dream Spa, We request that visitors keep noise to a minimum Children are not allowed at the Spa unless they are having a treatment, accompanied by an adult. Cellular phone and electronic devices are discouraged.

**Reservation:** Advanced bookings prior to your arrival are recommended to secure your preferred date and time of treatment. Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment times. A late arrival will result in a shortened treatment to accommodate other guests.

**Cancellation Policy:** A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability.

**Refund Policy:** Treatments packages are non-exchangeable.

**Payment:** Hotel guests may charge to the room account.